

# Hinsdale County Stakeholder Meeting

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November 28th, 2016

# Agenda

11:00-1:30 pm

- ▶ Welcome and Introductions
- ▶ WCPHP Overview, PHIP Update
- ▶ Lunch
- ▶ Hinsdale County Presentation
- ▶ Prioritization Process
- ▶ Discussion



- ▶ **Regional Collaboration:**

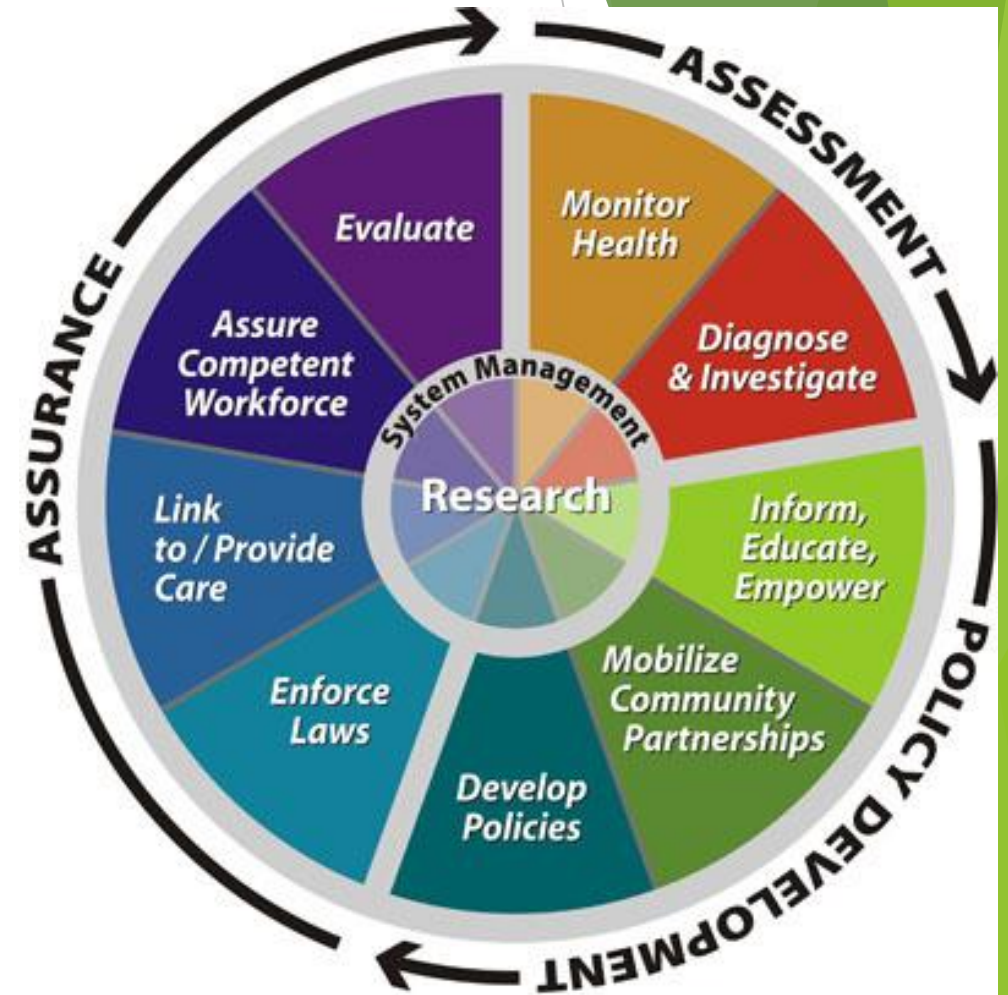
**Delta, Gunnison, Hinsdale, Montrose, Ouray  
and San Miguel Counties**

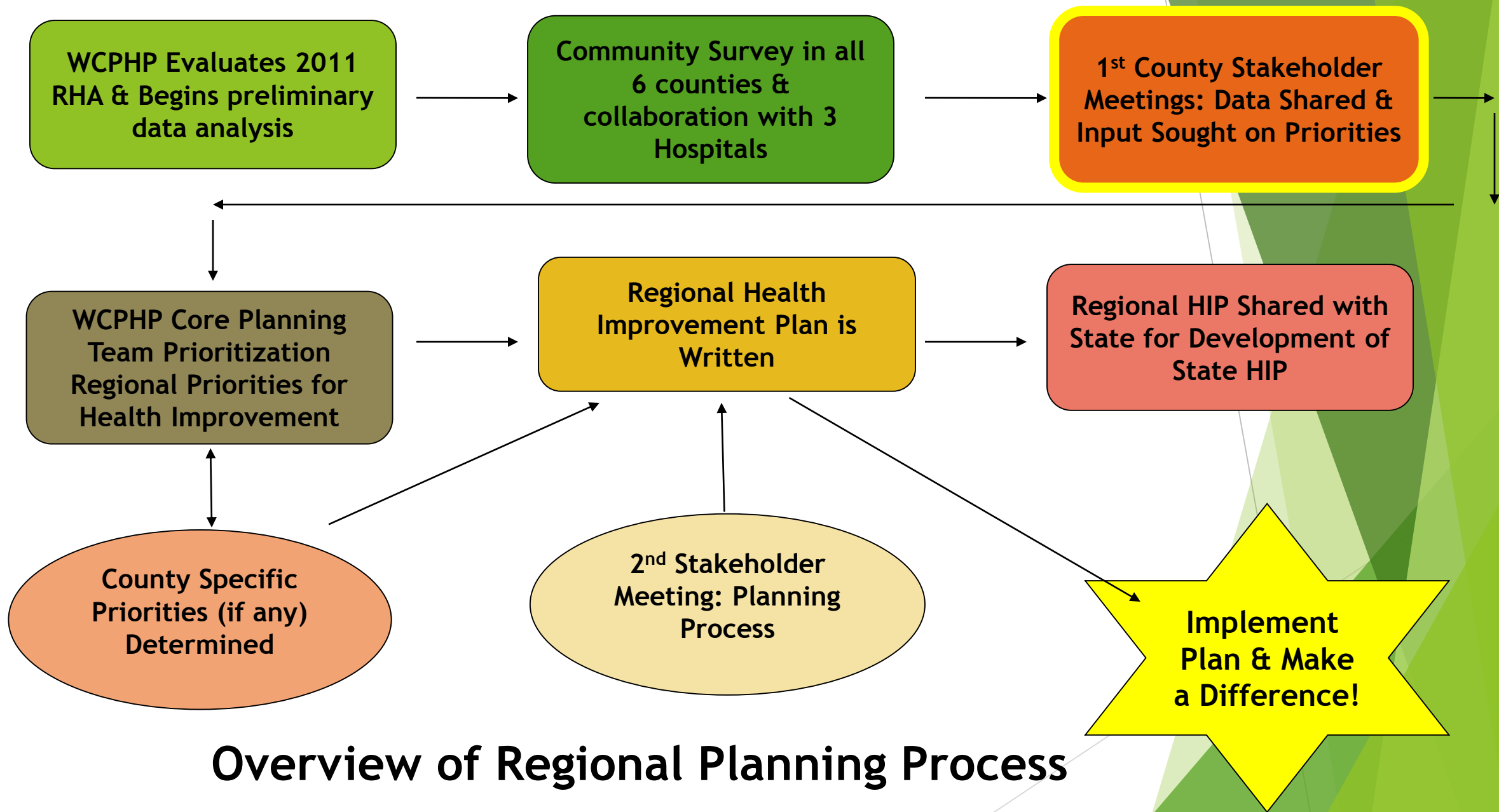
- ▶ **State model**
- ▶ **Larger Impact**
- ▶ **Combined expertise**

# Public Health Core Services

## Purpose of Public Health:

1. Prevent epidemics and spread of disease
2. Protect against environmental hazards
3. Prevent injuries
4. Promote and encourage health behaviors
5. Respond to disasters and assist communities in recovery
6. Assure the quality and accessibility of services

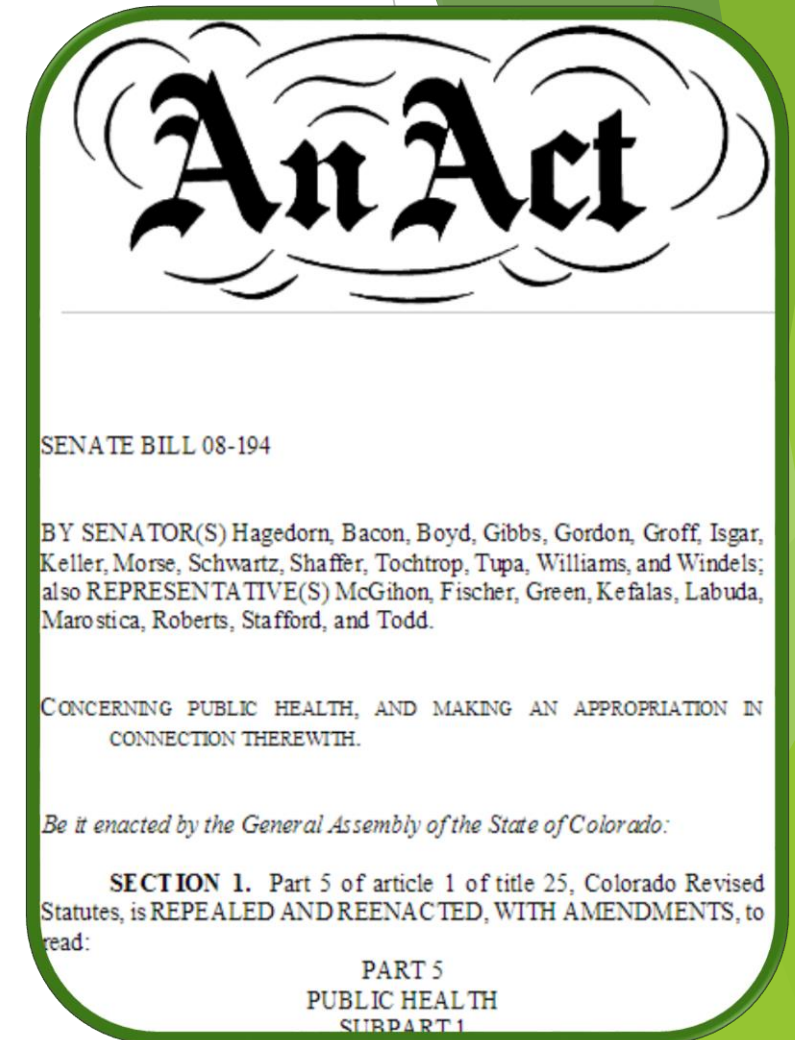




## Overview of Regional Planning Process

# Regional Health Assessment: 2011 & 2016

- ▶ Healthy Eating Active Living  
(Obesity Prevention)
- ▶ Mental Health/Substance Abuse
- ▶ Improve Well Water Quality
- ▶ Food Safety



**Success!**  
Thank you for  
your input and  
support.



# Hinsdale County Demographics



## Race or Ethnicity:

**98% White**  
**2.2% Hispanic** 2014



## High School Diploma:

**94.9%** 2014  
**90.4%** State

## English Language Learner:

**0.9%** 2015  
**14.2%** State

## Unemployment Rate:

**2.2%** 2015  
**3.5%** State

Data: American Community Survey, 2010-2014  
Kids Count 2016, Bureau of Labor Statistics, Local Area Unemployment



# Hinsdale County Demographics



## Median Household Income:

**\$55,682** 2014  
**\$59,448** State

## Persons in Poverty:

**7.5%** 2014  
**11.5%** State



## Self Sufficiency Standard: (2 adults, 2 children)

**\$62,483** 2015  
**257%** of federal poverty level

## School Aged Children in Poverty:

**26.1%** 2014  
**14.9%** State

Data: American Community Survey, 2010-2014  
US Census Small Area Income & Poverty Estimates (SAIPE)  
University of Washington, Center for Women's Welfare

# Hinsdale County Demographics



## Housing Stock:

**1,447** units 2014

- **28.9%** occupied
- **71.1%** vacant

## Healthy Housing:

**Zone 1 = High Radon Potential**  
**19%** housing units built before 1960s

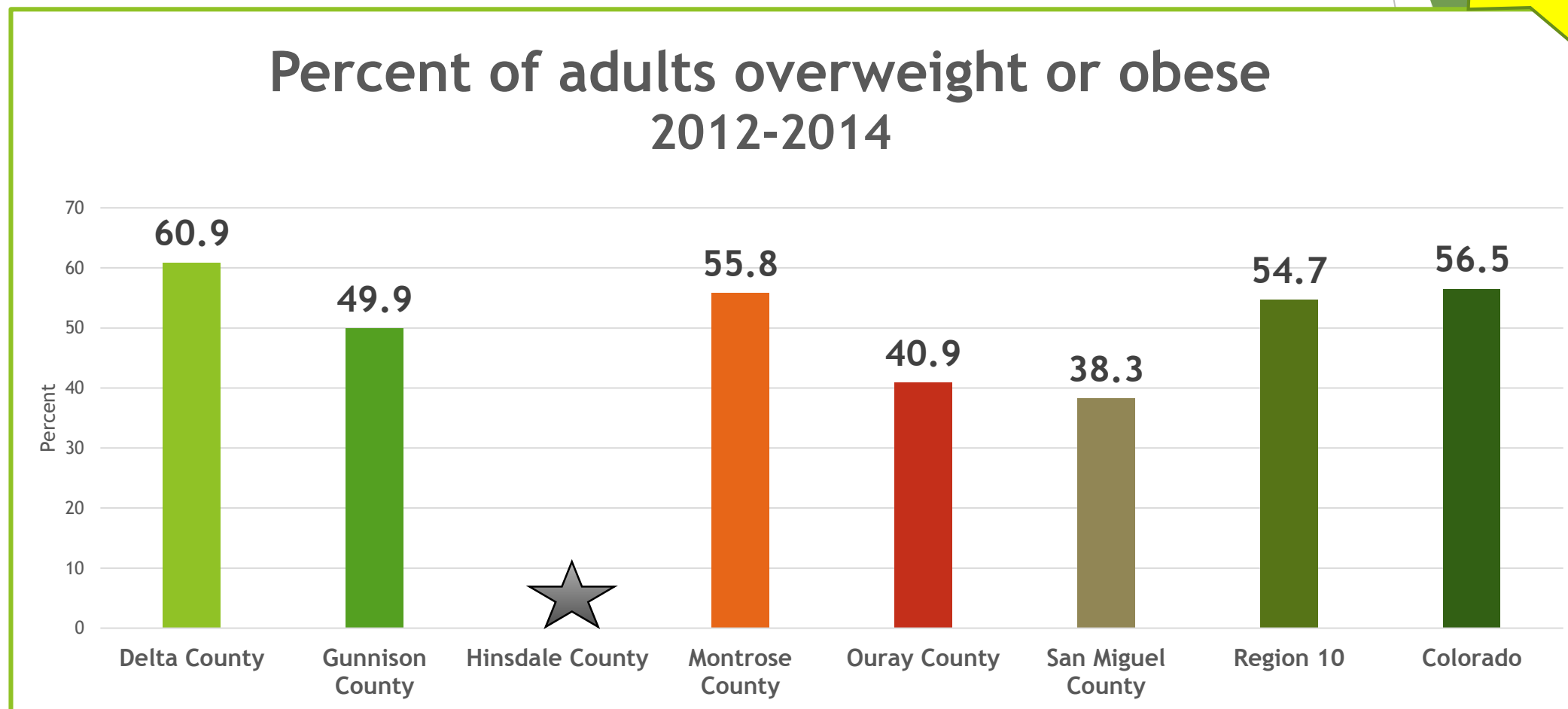
# Regional Health Assessment 2011

## Priority Area Update

- ▶ **Regional level data**
- ▶ **Key Outcome Indicators**
  - ▶ Population Health Outcomes= difficult to move the needle in 5 years
- ▶ **Improvements with new resources, staff, capacity of WCPHP**

# Heathy Eating Active Living

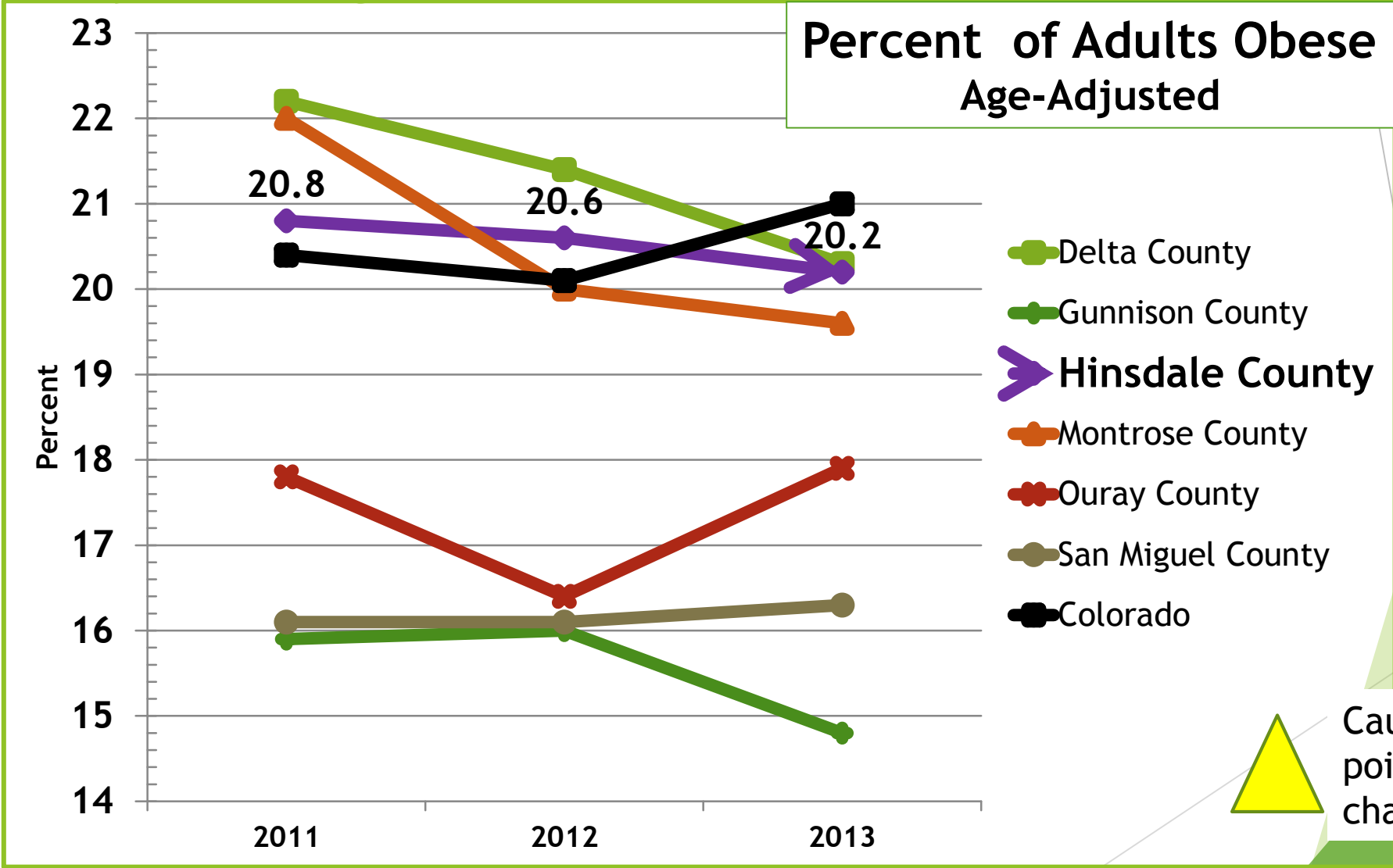
2011  
Priority



Data: Behavioral Risk Factor Surveillance System (BRFSS)

# Heathy Eating Active Living

2011  
Priority



Caution interpreting 3 points as trend. Small changes appear large

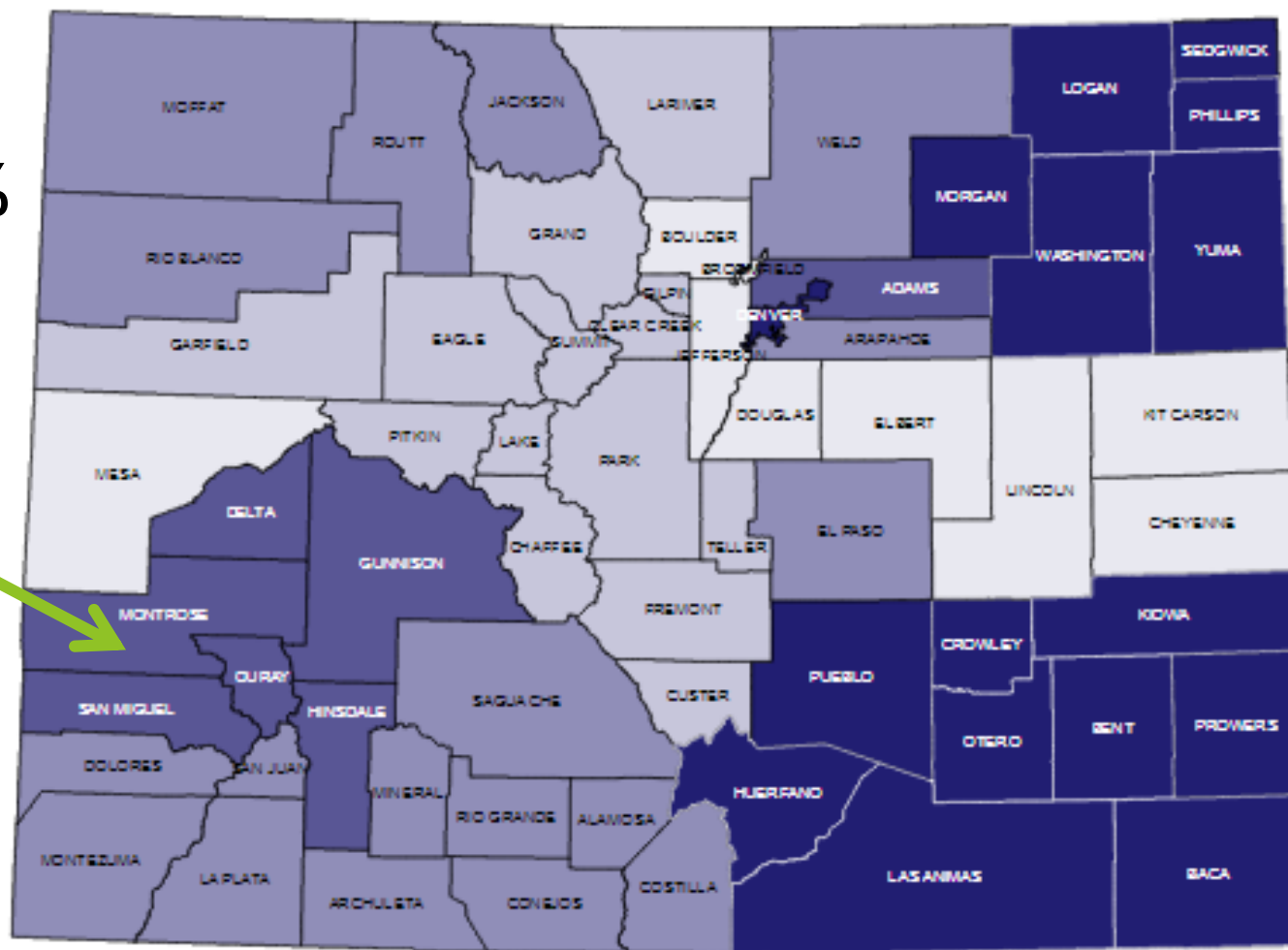
Data: National Center for Chronic Disease Prevention and Health Promotion, BRFSS

# Heathy Eating Active Living

## 2011 Priority

**Region 10: 29-31%**  
Percent of Children  
Age 2-14 who are  
overweight or obese

## State of CO: 26.9%



Data: CO Child Health Survey 2010-2014, Health Statistic Region

16% to 22% 23% to 25% 26% to 28% 29% to 31% 32% to 40%

# Mental Health

2011  
Priority

Table 6. Suicide Age-Adjusted Death Rate per 100,000 People 5 Year Averages					Number of Suicides
	1995- 1999	2000- 2004	2005- 2009	2010- 2014	2010- 2014
DELTA	25.7	23.8	14.9	24.5	37
GUNNISON	21.7	14.5	13.5	15.0	11
HINSDALE	114.6	*	*	*	*
MONTROSE	22.8	20.9	21.8	18.1	41
OURAY	19.7	*	19.0	23.4	5
SAN MIGUEL	28	6.3	13.5	10.2	5

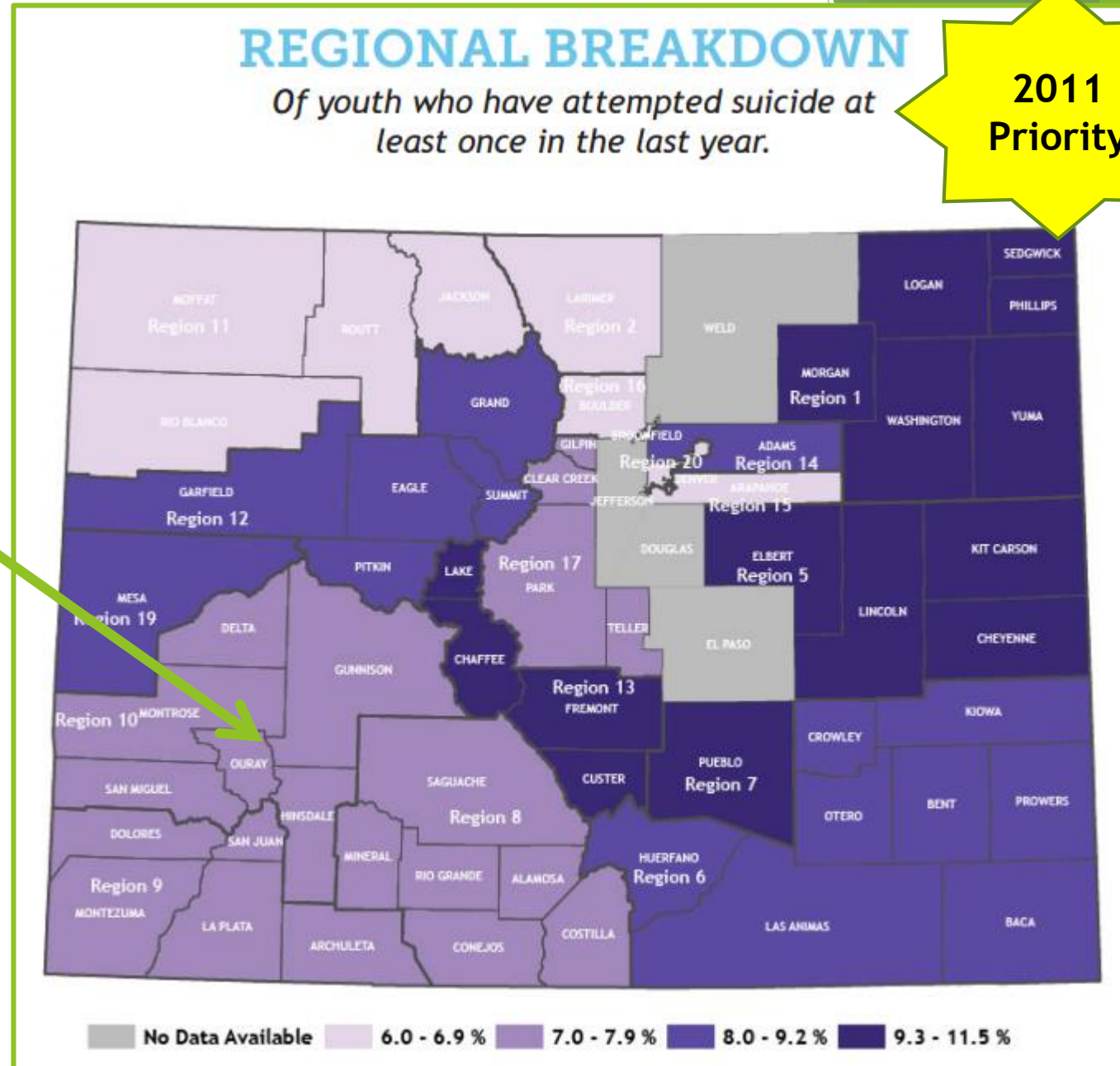
Age-Adjusted  
Mental Health  
Hospitalization  
Rate Per 100,000  
**822.12**  
Region 10:  
**1,741.5**

# Mental Health

**6.9%** of youth have attempted suicide at least once in the last year Region 10, 2015



**5.1 %** Region 10, 2013





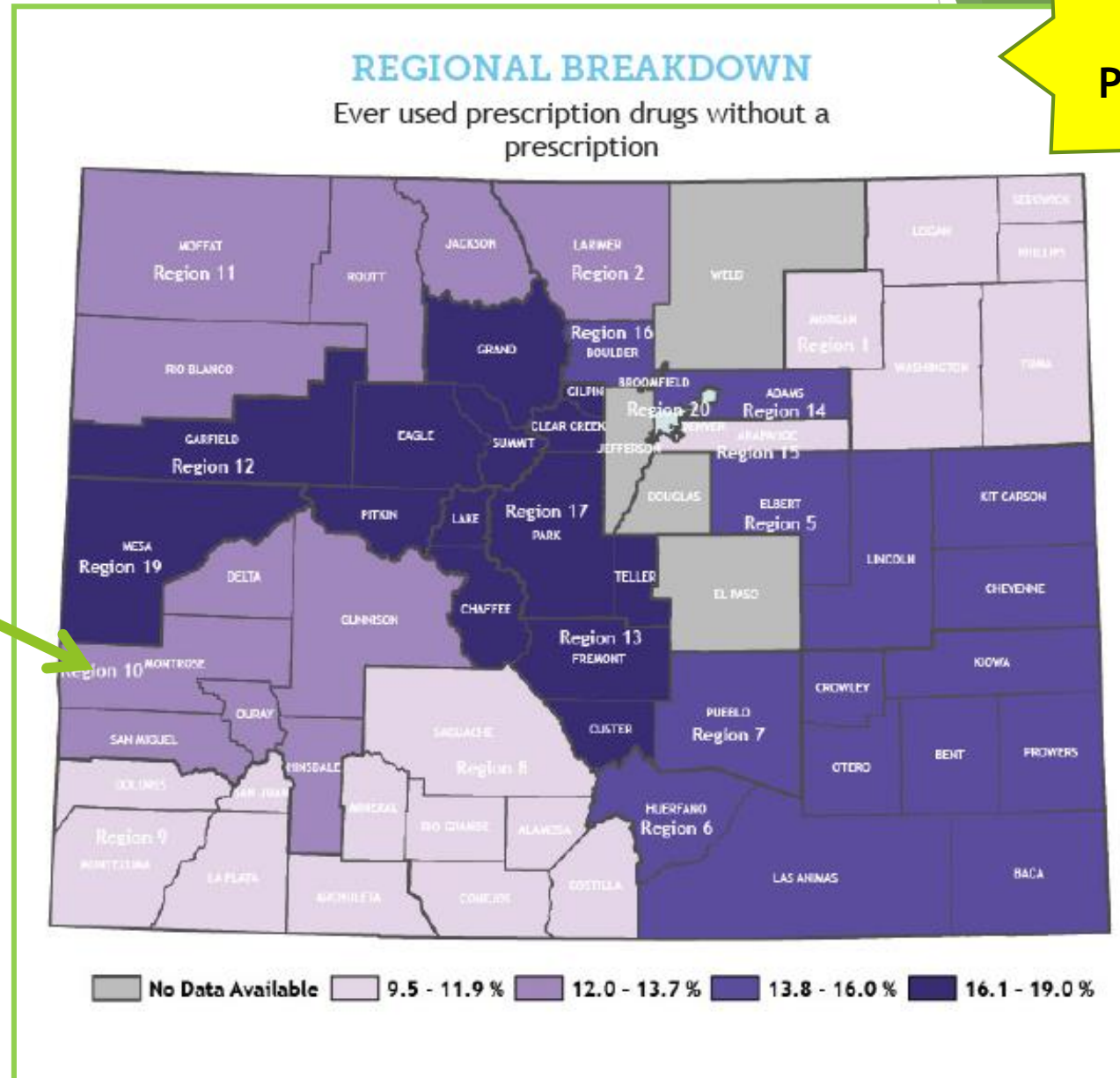
# Substance Abuse

High School Students:  
Ever used prescription drugs  
without a prescription

**13.7%** Region 10, 2015

**15.2%** Region 10, 2013

2011  
Priority



# Well Water Quality



**10%** of Region 10  
Residents drinking  
water= Private Well



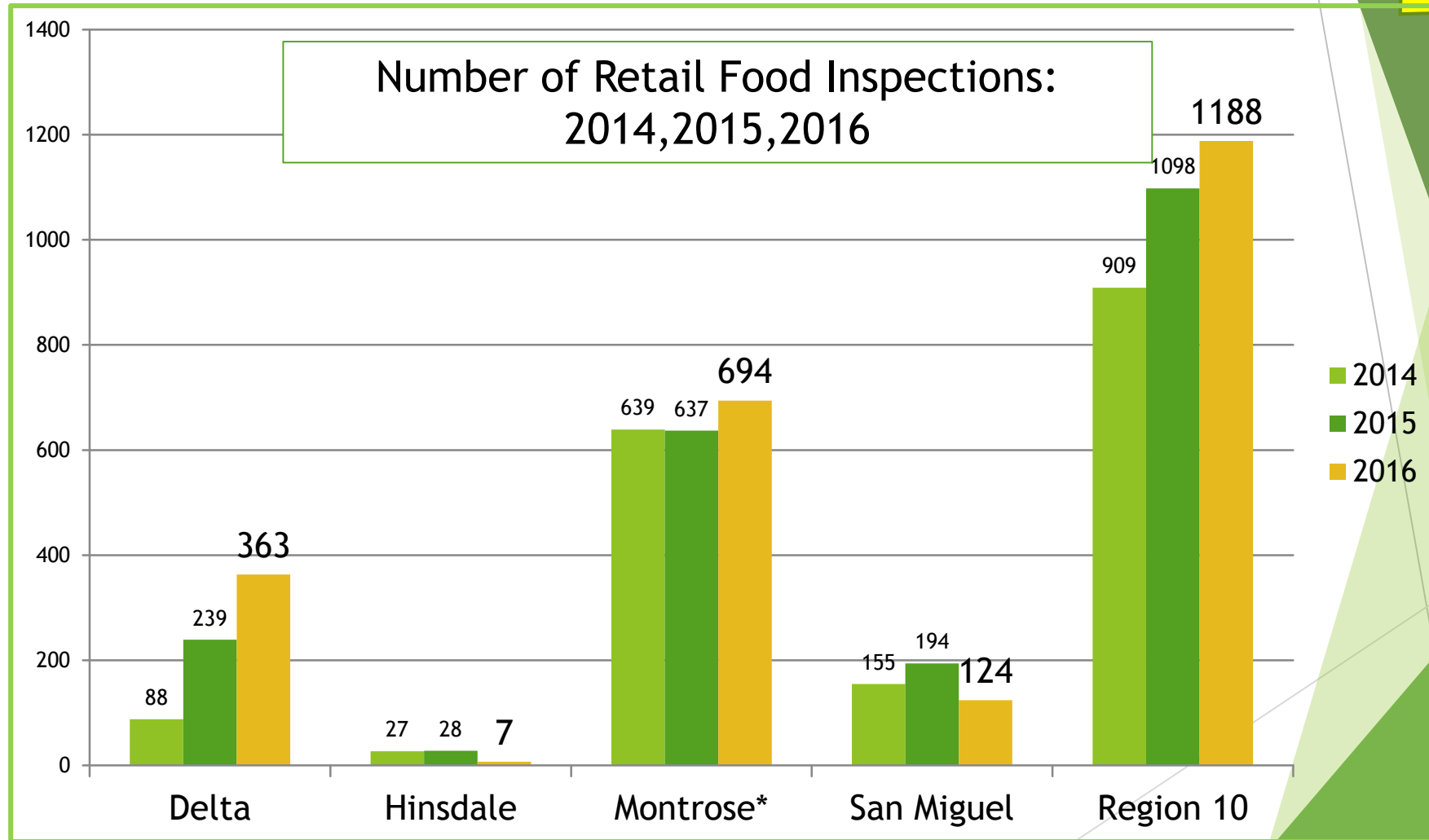
**10,000**  
Residents primary  
drinking water sources  
is unregulated

**2011  
Priority**

Data: BRFSS

# Food Safety

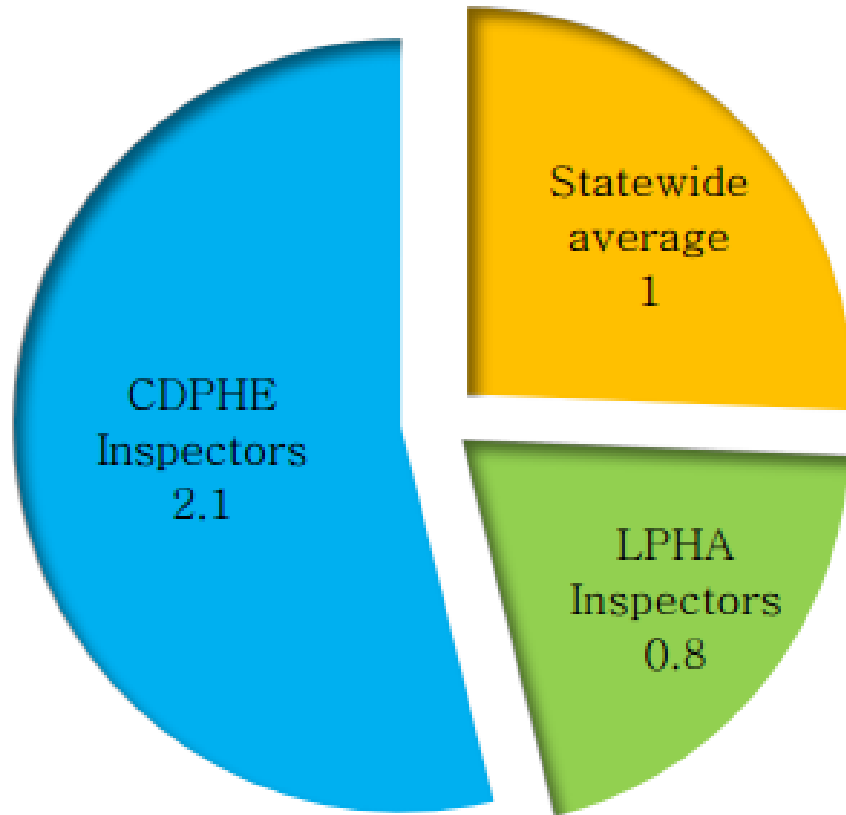
2011  
Priority



Data: CO Environmental Public Health Tracking, CDPHE, Division of Envs. Health & Sustainability

# Food Safety

2011  
Priority



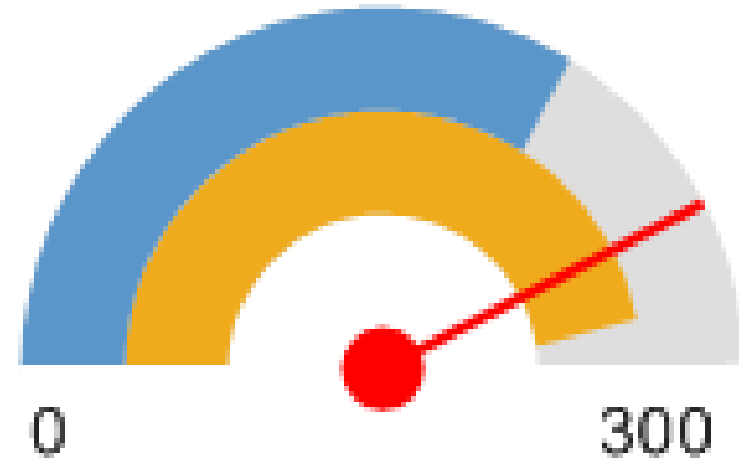
Food-Borne Illness  
Critical Violations per  
Retail Food Inspection\*\*

\*\* For jurisdictions using CDPHE's data system for SFY

# Access to Health

- ▶ Mental Health/Substance Abuse
- ▶ Primary Care
- ▶ Dentists
- ▶ Specialists
- ▶ Uninsured/Cost of Insurance
- ▶ System Navigation
- ▶ Health Literacy

## Mental Health Care Provider Rate (Per 100,000 Population)



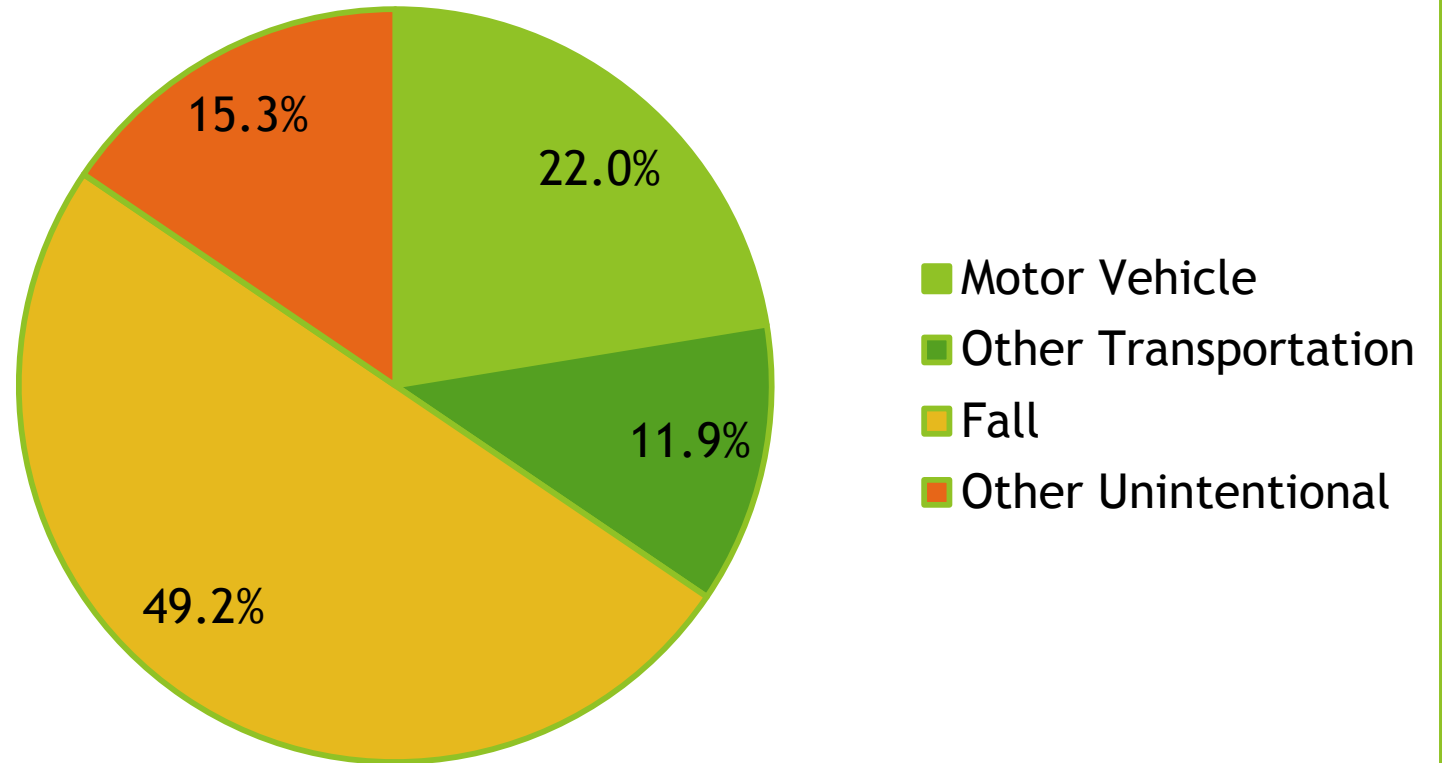
■	Hinsdale County, CO (254.4)
■	Colorado (283.2)
■	United States (202.8)

# Injury

## Falls

Highest rate of injury hospitalizations  
2000-2014

Unintentional Injury Hospitalizations  
2000-2014, Age-Adjusted Rate per 100,000



Data: Health Statistics and Vital Records, CO Injury Prevention Statistics

## Strengths

- ▶ Physically Active
- ▶ Low Smoking Prevalence
- ▶ Low Unemployment
- ▶ Education Level
- ▶ Natural Resources

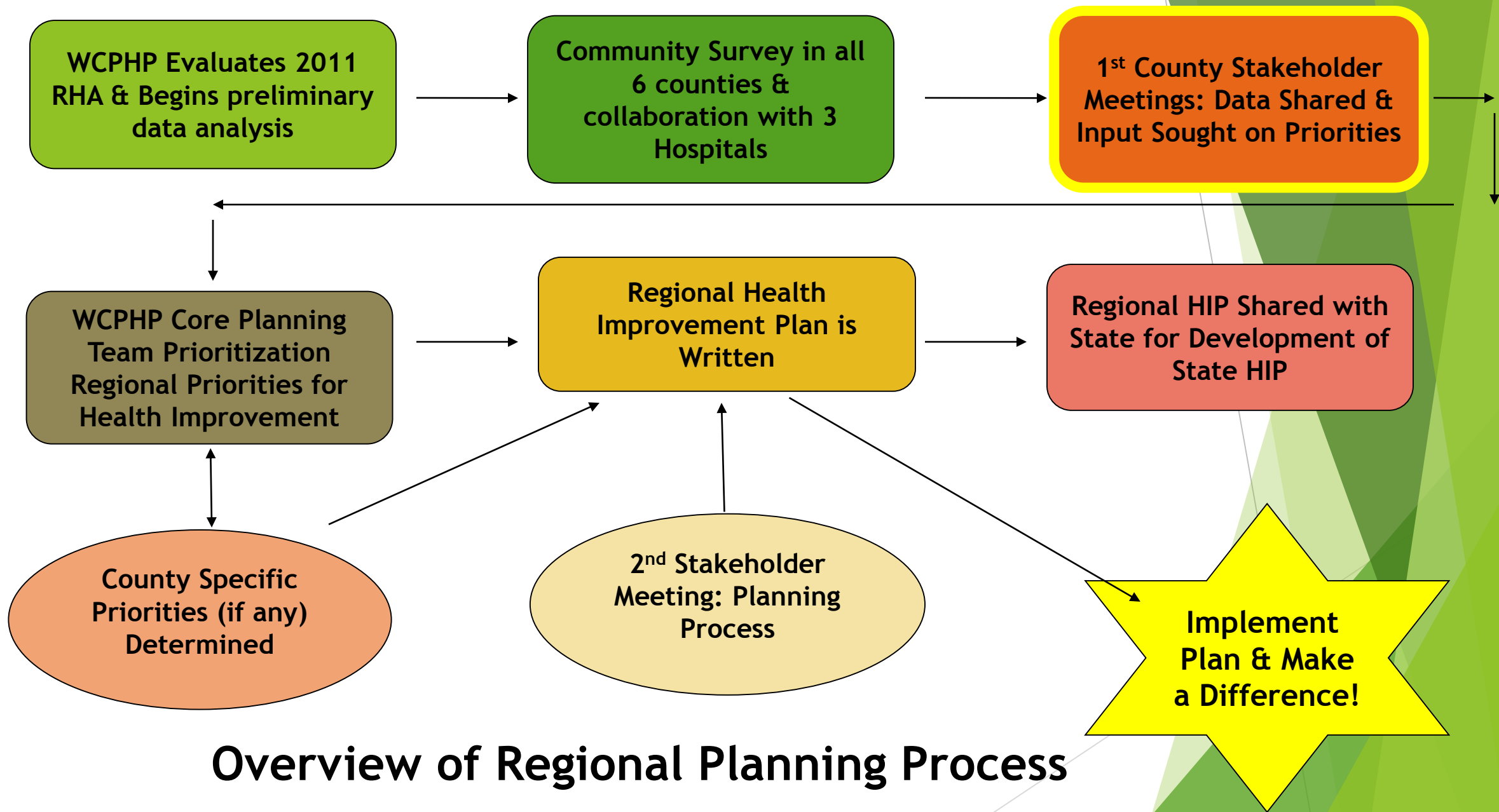
## Opportunities

- ▶ Healthy Eating Active Living
- ▶ Mental Health/Substance Abuse
- ▶ Private Well Water
- ▶ Food Safety
- ▶ Access to Health
- ▶ Injury

# Prioritization Process

- ▶ Overview of process
- ▶ What we will do with results





## Overview of Regional Planning Process

# Core Planning Team Prioritization Tool

## Colorado Health Assessment and Planning System Prioritization Scoring Tool

Instructions: Rate each criteria on a scale of 0 to 2 with 0 = "no" 1 = "somewhat" and 2 = "yes"

	Significance to Public Health		Ability to Impact the Issue		Capacity to Address the Issue		Prior Priority	TOTALS
	Does the issue impact a large number or high percentage of people in our community?	Do health disparities exist? (Are sub-populations more affected than the general public?)	Do strategies exist that can be implemented locally produce the desired outcome?	Does community support for change exist, including political will?	Is a local organization prepared to take the lead on the issue?	Are sufficient resources (funding, staff, expertise) available or obtainable?	Was the issue a priority in your last public health improvement plan?	
Criteria Weight:								
Issue 1.								0
Issue 2.								0
Issue 3.								0
Issue 4.								0
Issue 5.								0
Issue 6.								0
Issue 7.								0

# Prioritization Process

- ▶ Small Groups
- ▶ Independent Idea Generation
- ▶ Round Robin: list top health issue
- ▶ Clarify
- ▶ Rank on index Cards

# What are the top 5 health concerns in Hinsdale County?

## Step 1 (5 min.)

### Idea Generation

- ▶ Break into small groups, sit in circle
- ▶ Individually, take a few minutes to list your ideas on a worksheet
- ▶ Work independently

## Step 2 (10 min.)

### Small Group Round Robin

- ▶ Get all the ideas out quickly
- ▶ Briefly share 1 top health concern
- ▶ Use key words
- ▶ Next person shares around in a circle
- ▶ Share new ideas
- ▶ Facilitator may ask clarifying questions

# What are the top 5 health concerns in Hinsdale County?

## Step 3 (10 min.)

### Clarify

- ▶ Does an item need clarifying?
- ▶ Agree with logic or relative importance?
- ▶ Group items together?

## Step 4 (10 min.)

### Rank

- ▶ Individually rank each item
- ▶ Use index cards to give a rank

# What are the top 5 health concerns in Hinsdale County?

## Step 5

### Sort and Score

- ▶ Volunteers help read score
- ▶ Take a break while facilitators add up the scores

## Step 6

### Discuss Results

- ▶ Which got the highest score?
- ▶ Any ties? Which got the most “votes”?
- ▶ Share with other group

“#2” Write the corresponding item number in the upper left corner

Write out your chosen item from the list:  
“Mental Health for Families”

#2  
Item  
Number

Mental Health in Families

#5  
Ranking  
Number

We will use the scale 1-5:

1 = least important      5 = most important

Out of your 5 ideas, pick the one item that you think is *MOST* important.

Write 5 in the lower right hand corner of the card.

Next, pick the one item of the remaining 4 that you think is the least important compared to the others.

Write 1 in the lower right hand corner.



#3  
Item  
Number

Health Eating Active Living

#4  
Ranking  
Number

We will use the scale 1-5:

1 = least important      5 = most important

Next, pick one item of the remaining 3 that you think is the most important of those remaining and write 4 in the lower right hand corner.

Next, pick the one item of the remaining 2 that you think is the least important and write 2 in the lower right hand corner.

# What are the top 5 health concerns in Hinsdale County?

## Step 5

### Sort and Score

- ▶ Volunteers help read score
- ▶ Take a break while facilitators add up the scores

## Step 6

### Discuss Results

- ▶ Which got the highest score?
- ▶ Any ties? Which got the most “votes”?
- ▶ Share with other group

# Next Steps

- ✓ Systematically review and combined the list to come up with one set of top 5 recommendations to fairly and equitably represent the community's input from this process.
- ✓ Share results with Stakeholders
- ✓ Share results with WCPHP Core Planning Team and hospitals: Prioritizations determined for regional Public Health process and hospitals
- ✓ Stakeholders invited to participate in planning process in 2017

The background features abstract, overlapping green geometric shapes, primarily triangles and polygons, in various shades of green, creating a modern and dynamic visual effect.

~Thank You~

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