

Behavioral Health - Integration

Year January 1, 2019 -December 31, 2019

Goal: Improve behavioral health outcomes including reducing suicide, reducing poor mental health days (reduce depression and anxiety), and reducing substance abuse.

Strategy: Integration of behavioral health into primary care and other sites (Nursing home, Public Health, Dentists, Human Services, Alternative

Objectives	Action Steps	Priority Population	Resources & Barriers
<p>A) Increase behavioral health access through integration into primary care and other sites by identifying funding opportunities, organizational trainings, and connecting them to appropriate partners by 12/31/2019.</p> <p>B) Increase provider education and trainings in integration of behavioral health services by 12/31/19.</p> <p>C) Increase behavioral health screenings and referrals by primary care by 12/31/2020.</p>	<p>1) Identify a point person at WCPHP to search for funding and connect community partners to funding sources (Ouray County as lead).</p> <p>2) Continue State Innovation Model (SIM) LPHA work of promoting integration of BH into primary care including adding new sites and promoting screening tools.</p> <p>3) Explore integration of BH into other types of sites beyond primary care, such as nursing homes, Public Health, dentists and others.</p> <p>4) Collaborate with providers to offer LGBTQ inclusiveness trainings (safe spaces and gender inclusive language).</p> <p>5) Work with partners, including Regional BH Collaboration Integration subgroup to provide trainings for providers that may include how to get reimbursed for integration, opioid prescribing practices, and suicide intervention trainings - medication assisted treatment with TCHN and SIM.</p> <p>6) Continue to monitor data on the number of primary care sites that integrate behavioral health.</p> <p>7) Continue to monitor data on the type of screening tool and frequency used in primary care sites.</p>	<p>Alternative Providers</p> <p>Primary Care</p> <p>LGBTQ</p>	<p>Resources</p> <p>River Valley FQHC</p> <p>Tri County Health Network</p> <p>Senior Care Centers</p> <p>SIM Grant - WCPHP</p> <p>Center for Mental Health</p> <p>Local Behavioral Health Coalitions</p> <p>Regional Hospitals: Montrose, Delta, Gunnison</p> <p>Regional Behavioral Health</p> <p>Primary Care Clinics</p> <p>WCPHP</p> <p>Human Services Depts.</p> <p>Dentists</p> <p>Unite Montrose</p> <p>Hilltop</p> <p>Peer Kindness</p>
			Barriers
			Funding
			Capacity in primary care

Indicators

of primary care sites with BH integration

of BH screenings in primary care sites