

Behavioral Health - Collaboration and Coordination

Year 1 January 1, 2019- December 31, 2019

Goal: Improve behavioral health outcomes including reducing suicide, reducing poor mental health days (reduce depression and anxiety), and reducing substance abuse.

Strategy: Increase collaborative efforts across the region to build capacity for Behavioral Health efforts.

Objectives	Action Steps	Status	Priority Population	Resources & Barriers
<p>A) Increase capacity for coordination, communication and alignment across the region by 12/31/19.</p> <p>B) Explore creation of an online hub for regional sharing by 12/31/2020.</p> <p>C) Build capacity and resources for integration of BH into primary care, community education, behavioral health stigma reduction campaigns, and evidence-based programs by 12/31/2020</p>	<p>1) WCPHP partners with Regional Behavioral Health Collaborative, by participating/leading 2 subgroups: Integration of BH in Primary Care and Public Health/Prevention.</p> <p>2) WCPHP coordinate an annual regional behavioral health stakeholder meeting to learn about programs, services, health equity and communication and align efforts.</p> <p>3) Identify a point person at WCPHP to search for funding opportunities in order to build capacity to increase trainings, community education and evidence based programs in collaboration with community partners, such as local behavioral health/suicide prevention coalition leaders.</p> <p>4) Encourage information sharing between Regional Behavioral Health Collaborative and local stakeholders such as training information and other behavioral health efforts.</p> <p>5) WCPHP will identify potential grant funding and commit to writing grants to continue LPHA capacity to address behavioral health.</p> <p>6) Build capacity to send local personnel to behavioral health train the trainer trainings to facilitate in English and Spanish.</p> <p>7) Each LPHA Director of WCPHP shall ensure connection with all agencies and coalitions that support behavioral health within their county.</p>		Behavioral Health Stakeholders	<p>Resources</p> <p>WCPHP Center for Mental Health Regional Behavioral Collaborative</p> <p>Hospitals Collaborative Management Program and System (Gunnison, Montrose, Delta, and Ouray) Hinsdale County Build a Generation Ouray County Voyagers Youth Program</p> <p>Community Health Coalition of the Gunnison Valley Gunnison County Substance Abuse Prevention Project: GCSAPP</p> <p>Montrose Suicide Coalition</p> <p>S.W.E. (Safety Wellness Education - Delta Coalition)</p> <p>Montrose School District Delta BH Coalition San Miguel County Regional Behavioral Health Commission, led by TCHN</p> <p>Unite Montrose Peer Kindness Hilltop</p> <p>Barriers</p> <p>Funding Capacity</p>
				Spanish speaking residents

Indicators

of partners engaged in collaboration
Grant dollars generated
of strategic plans that are aligned